

# MOJAVE SKILLS WEEKEND

## Adult Personal Gear List

All personal gear should be clearly marked with name.

No suitcases, no roller bags, no candy/soda/extra food, cell phones out of sight, on vibrate, and in pocket, no other electronics, please.

### TENT/SLEEPING BAG/CAMP CHAIR

- 7x7 tent – appropriate tarp for under tent – strong tent stakes (windy area) – mallet or hammer for set up/take down
- 30 Degree sleeping bag or 3-season bag with extra blanket (no indoor-rated slumber bags)
- Ground cloth & Insulite-type pad for under sleeping bag (no air mattresses)
- Folding camp chair – to be used by adult only (**not** for campers)

### PERSONAL PACKED GEAR:

**NOTE:** Personal gear should be packed in large 3 mil plastic trash bag (in case of rain/heavy dew), inside a duffel bag.

- Toilet articles, sanitary items, Kleenex, hair rubber bands, wash cloth.
- Raingear down to the knees, poncho type that covers head.
- 2 pair of pants (wear one, bring one)
- 2 shirts (wear one, bring one) with sleeves. (**no sleeveless shirts, covers the pants front and back**)
- 2 sets of underwear
- 2-3 pairs of socks
- 2 pair sturdy shoes (wear one, bring one). No flip flops, no slippers.
- Sweater (wool if possible) or sweatshirt and windbreaker for layering
- Warm jacket (No jean or cotton jackets), warm cap, warm gloves (wool or synthetic)
- Warm pajamas or thermals or sweat suit for sleeping. No nighties or robes.
- 2 large plastic trash bags, 3 mil thickness (in case of rain)

**TEN ESSENTIALS** are packed in fanny pack or daypack – is carried by adult during the day.

- Full water bottle, refillable Nalgene type – 32-ounce w/ tight lid, transparent (no disposables, please)
- Coffee cup – insulated type, with lid
- Loud whistle - on lanyard
- Sunhat with full brim (no straw hats or baseball-type caps) with under-chin ties (it's windy!)
- Sunglasses (if you have them) and Glasses (as backup, if you wear contacts)
- Sunscreen (lotion type, please no aerosols)
- Chapstick
- Flashlight or headlamp or **small** LED battery powered lantern
- Feminine pads
- Sharp pocketknife (if you have one, not locking type, no switchblades)
- Any medications you take (you will hold on to them yourself)